

THE FLETCHER GROUP PRESENTS

# 5 STAGES OF RECOVERY

FROM RECOGNITION TO RECOVERY



## RECOGNITION

1ST MONTH

Identification of the Substance Use Disorder  
Detox using medical or social model of treatment

## ENGAGEMENT

2ND AND 3RD MONTHS

- Acute Intervention
- Individual acknowledges need for recovery
- Continuation of detox process
- A detailed recovery plan is put in place



## REHABILITATION

4TH, 5TH, & 6TH MONTHS

Ongoing intervention may include  
medications, clinical services, and  
social recovery supports and services

## STABILIZATION

7TH & 8TH MONTHS

- Recovery pathway has been clearly identified
- Full engagement in recovery
- Identification of relapse risks
- Employment, housing, and relationships are addressed



## MAINTENANCE

9TH AND FOLLOWING MONTHS

Continuation of recovery pathway with  
defined ongoing services and supports

To learn how the Recovery Ecosystems made possible by the Fletcher Group RCOE facilitate all five stages of recovery, visit [fletchergroup.org](http://fletchergroup.org)

To sign up for Technical Assistance, click [Here](#) or call 606-657-4662.

