

POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CLIENTS

RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2022

Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. A total of 283 clients from 18 established Recovery Kentucky programs participated in a Recovery Kentucky program, completed a Phase 1 intake interview between July 2019 and June 2020 and a follow-up interview between July 2020 and June 2021. The average number of months after program exit the follow-up interviews were conducted was about 6.6.

Significant reductions in past-6-month Substance Use and Mental Health Problems



REPORTED ANY
ILLEGAL DRUG USE***

91% at intake
19% at follow-up



REPORTED OPIOID
USE***3

56% at intake
3% at follow-up



REPORTED
HEROIN USE***

37% at intake
4% at follow-up



REPORTED
STIMULANT USE***4

63% at intake
7% at follow-up



MET STUDY
CRITERIA FOR
DEPRESSION***

66% at intake
22% at follow-up



MET STUDY
CRITERIA FOR
ANXIETY***

71% at intake
27% at follow-up



MET STUDY CRITERIA FOR
COMORBID DEPRESSION
& ANXIETY***

61% at intake
13% at follow-up



REPORTED SUICIDAL
IDEATION AND/OR
ATTEMPTS

23% at intake
3% at follow-up

Significant improvements in past-6-month Economic Indicators



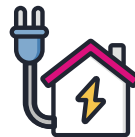
EMPLOYED AT LEAST
ONE MONTH***

50% at intake
81% at follow-up



CURRENTLY
HOMELESS***

31% at intake
4% at follow-up



REPORTED DIFFICULTY
MEETING BASIC LIVING
NEEDS***

39% at intake
22% at follow-up



REPORTED DIFFICULTY
MEETING HEALTH CARE
NEEDS***

25% at intake
10% at follow-up



REPORTED ATTENDING
MUTUAL HELP
RECOVERY MEETING IN
THE PAST 30 DAYS ***

28% at intake
72% at follow-up

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$2.45 return in avoided costs for every dollar invested in providing recovery services.



ESTIMATED COST-
SAVINGS FOR
TAXPAYERS
\$2.45

¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

² Amphetamine, methamphetamine, Ecstasy, Ritalin.

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