My Recovery Plan – Where Dreams Get Real

I want to (goal):						
I'd like it to happen by (date):						
How I'm going to get there:						
Strategies/Steps I'll Need to Take	Target Date	My Strengths	My Skills & Resources	My Challenges & Stressors	My Allies & Supports	How's it Working?

Note to self: Use a pencil – goals and priorities can change!