

A GUIDE FOR CHOOSING



THE RIGHT PROGRAM FOR YOUR HOUSE

15 of the most popular drug treatment programs— how they work, their cost, and how to get started

For more assistance, contact the Fletcher Group Rural Center Of Excellence. We're here to help!

INSIDE:

- Curriculum
- Materials
- Best practices
- Program length
- Estimated cost
- Contact info

FOR MORE HELP:

- ☎ 606-657-4662
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Recovery & Life-Social Skills Curriculum Comparison

RECOVERY CURRICULUM'S

“Wellbriety” by White Bison

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>Medicine Wheel and 12-Steps "Wellbriety"</p> <p>Spiritual</p> <p>Founded upon American Indian/Native Alaskan culture</p>	<p>Native American/Alaska Native Culture</p> <p>Facilitation in clinical and social peer-led models</p> <p>Applicable in Residential, Outpatient, & Group settings</p> <p>Flexible design can be utilized in all residential lengths from 28-days to 9+ months and all outpatient settings</p> <p>Appropriate for all NARR levels of Recovery Housing</p>	<p>"Wellbriety" goes beyond being sober, to include thriving in the community and being balanced emotionally, mentally, physically, and spiritually.</p> <p>The "Well" part of Wellbriety is the inspiration to go beyond sobriety and recovery, committing to a life of wellness and healing every day.</p> <p><u>Medicine Wheel and 12-Steps:</u></p> <ul style="list-style-type: none"> ❖ Provides a culturally appropriate 12-Step program for Native American/Alaska Natives. ❖ Based upon the teachings of the Medicine Wheel, the Cycle of Life, and the Four Laws of Change. <p>Philosophy: We Believe...</p> <ul style="list-style-type: none"> ❖ Mother earth is governed by a set of Principles, Laws and Values ❖ Leadership exists to serve the people first ❖ Leadership existence is to ensure that information (Truth) is given to the people 	<p>MAT/MAR Compatible</p> <p>Certified Wellbriety Treatment Centers offer this culturally based curriculum as an adjunct to the traditional services they provide.</p>	<p>White Bison has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Medicine Wheel 12-Step Training: \$400.00</p> <p>Medicine Wheel and 12 Steps whitebison</p> <p>Men's Participant Materials: \$150.00</p> <p>Woman's Participant Materials: \$150.00</p> <p><u>#1 The Red Road to Wellbriety Starter Kit</u>-Includes:</p> <ol style="list-style-type: none"> 1. Red Road Book 2. Red Road Study Guide 3. Wellbriety Bumper Sticker 4. Forgiveness Journey (Intergenerational Trauma) DVD \$38.00 <p><u>#2 The Red Road Wellbriety Group Starter Kit</u>-Includes:</p> <ol style="list-style-type: none"> 1. Red Road Wellbriety Group Starter Kit Manual <p>Coyhis Publishing – Wellbriety</p> <p>Contact: White Bison Phone: 877-871-1495 whitebison Healing Resources to Native Americans</p>

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	<p>Appropriate for Criminal Justice settings</p> <p>Medicine Wheel And 12-Steps are gender and age specific for Men, Women and Adolescents.</p>	<ul style="list-style-type: none"> ❖ Changes are the result of implementing Natural laws ❖ All Native people believe in a Supreme Being in the Elders and teachings as a guiding force to direct ourselves, families, and communities ❖ There is a natural order running the universe ❖ Traditional ways were knowledgeable about the natural order ❖ When the community leads, the leaders follow ❖ Alcohol and drugs are destroying us, and we want to recover ❖ Change comes from within the individual, the family, and the community ❖ Healing will take place through the application of cultural and spiritual knowledge <p style="margin-left: 40px;">Alcohol is a symptom ... not the cause, Drugs are a symptom ... not the cause, Domestic Violence is a symptom ... not the cause.</p>			

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		<p style="text-align: center;">To "Heal a Community," it needs to deal with the cause</p> <p style="text-align: center;">The Circle and the Four Directions are the Teachers</p> <p style="text-align: center;">In the Four Laws of Change</p> <ul style="list-style-type: none"> ❖ Change comes from within ❖ In order for development to occur, it must be preceded by a vision ❖ A great learning must take place ❖ You must create a Healing Forest <p style="text-align: center;"><u>OUR CULTURE IS PREVENTION</u></p> <p>Additional Programs include: <u>Mending Broken Hearts:</u> Provide culturally based healing from grief, loss, and Intergenerational Trauma, especially for native peoples from the United States and Canada. Training provided for the following: -Professions -Communities -Women -Men -Youth</p> <p><u>Family Programs:</u> -Mothers of Tradition -Fathers of Tradition -Celebrating Families</p>			

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		<p><u>Youth Programs:</u> -Daughters of Tradition -Sons of Tradition -Understanding the Purpose of Life</p> <p><u>Warrior Down/Recovery Coach:</u> Peer to Peer recovery support, relapse prevention, recidivism prevention. Treatment and incarceration transition community support services and referrals</p>			

“Recovery Dynamics” by Kelly Foundation

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Based in Alcoholics Anonymous, yet Adaptable to other 12-step frameworks</p>	<p>Person centered curriculum</p> <p>Facilitation in clinical and social peer-led models</p> <p>Applicable in Residential, Outpatient & Group settings</p>	<p>Utilized in numerous SAMHSA evidence-based programs as "A Twelve Step based treatment model designed with the overall goal of recovery from addiction" - with a Holistic approach, addressing the Bio-Phyco-Social-Spiritual nature of Substance Use Disorders. The Curriculum was developed by Joe McQuady, founder of the Kelly Foundation (non-profit), and better known as "Joe" from the Alcoholics Anonymous Joe and Charlie big book study recordings.</p>	<p>MAT/MAR Compatible</p> <p>Originally developed as an abstinent based curriculum. Numerous outpatient, residential, and recovery</p>	<p>Recovery Dynamics has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an</p>	<p>Initial certification of the Service Provider/Recovery House is an on-site training, call for price quote.</p> <p>Bi-annual recertification required.</p> <p>All materials regulated under copyright, excluding 4th step packets, and materials must be purchased from the Kelly Foundation for each individual client - call for price quote</p>

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“Recovery Dynamics” by Kelly Foundation

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
	<p>Its flexible design can be utilized in all residential lengths from 28-day to 9+ months and all outpatient settings</p> <p>Appropriate for all NARR levels of Recovery Housing</p> <p>Appropriate for all NARR levels of Recovery Housing</p> <p>Appropriate for Criminal Justice settings</p> <p>Flexible for all ages & genders</p>	<p>Clinical and Theoretical Frame of Reference: <i>Client Centered: Rogerian Therapy</i> <i>Analytic Psychology: Carl Jung</i> <i>Self-Psychology: Heinz Kohut</i> <i>Cognitive-Behavioral: Aaron Beck</i> <i>Problem-Solving: Jay Haley</i> <i>Brief Psychodynamic Supportive Psychotherapy.</i></p> <p>"Sequence" leads to a logical consequence or conclusion.</p> <p>Recovery Dynamics follows a precise and clear-cut sequence of specific events that lead to a conclusion: Recovery from addiction. <u>Topics include:</u> Goal One: What is the Problem? Step 1: Identify the Problem</p> <p>Goal Two: What is the Solution? Step 2: Define the Solution</p> <p>Goal Three: What are the Actions to Recover? Step 3: Decide (Make a Decision) Step 4: thru Step 11: Actions to be Taken. Step 12: Continue Recovery</p>	<p>house settings successfully incorporated this curriculum with all FDA approved forms of MAR/MAT protocols.</p> <p>Can be used as a stand-alone curriculum or blended with other curriculums including: life/social skills, family & adolescents, criminal justice, etc.</p>	<p>adjunct to the traditional billable services provided.</p>	<p>Contact: Larry Gains Kelly Foundation The Kelly Foundation – Recovery Dynamics – Kelly Foundation, Inc. (kellyfdn.org) 800-245-6428</p>

Recovery & Life-Social Skills Curriculum Comparison

MAA *EZ *NA, too (Making Alcoholics Anonymous Easier)

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Based in Alcoholics Anonymous, yet Adaptable to other 12-step frameworks</p>	<p>Person centered curriculum</p> <p>Facilitation in clinical and social peer-led models Applicable in Residential, Outpatient & Group settings</p> <p>Its flexible design can be utilized in all residential lengths</p> <p>Appropriate for all NARR levels of Recovery Housing</p> <p>Appropriate for Criminal Justice settings</p> <p>Flexible for all ages & genders</p>	<p>The primary objective of MAAEZ is to equip recovery house residents with some of the experience they are likely to encounter in an AA meeting, so that they will not immediately reject AA as a potential source of help. MAAEZ is not intended as a summary of AA concepts nor as an intervention that teaches the program of recovery as outlined in the AA "Big Book"; those tasks are left to the fellowship of AA. MAAEZ is intended to soften newcomers' resistance to AA so that they do not quit going to AA before they have had a chance to see how the fellowship and the AA program can help them.</p> <p>Consist of six weekly 90-minute sessions, each with a 10 minute break. To implement the group intervention, two MAAEZ sessions must be conducted weekly in the recovery home. Sessions should be led by an active 12-Step mutual aid member.</p> <p>Session Outline:</p> <ul style="list-style-type: none"> • Introduction • Spirituality • Principles, Not Personalities • Sponsorship • Living Sober 	<p>MAT/MAR Compatible Originally developed as an abstinent based curriculum.</p> <p>Can be incorporated with all FDA approved forms of MAR/MAT protocols.</p> <p>Curriculum to be blended with other curriculums including: life/social skills, family & adolescents, criminal justice, etc.</p>	<p>Not billable as a stand-alone curriculum. Can be blended in as an additional tool</p>	<p>Developed By: Lee Ann Kaskutas and Edward Oberste – Alcohol Research Group Developed with funding from the National Institute on Alcohol Abuse and Alcoholism, Grant P50 AA05595-21 to the Alcohol Research Group. Special thanks to Sue Diehl (graphics) and Drs. Thomasina Borkman, Constance Weisner and David Pating (content).</p> <p>Download the free pdf: T:\IT\MAAEZ.Manual.90minute.spellingfixed.wpd (arg.org)</p> <p>Effectiveness of Making Alcoholics Anonymous Easier (MAAEZ), a group format 12-step facilitation approach (nih.gov) Kaskutas LA, Subbaraman MS, Witbrodt J, Zemore SE. Effectiveness of Making Alcoholics Anonymous Easier: a group format 12-step facilitation approach [published correction appears in J Subst Abuse Treat. 2009;37(3):228-239. <i>J Subst Abuse Treat.</i> 2009;37(3):228-239. doi:10.1016/j.jsat.2009.01.004</p>

Recovery & Life-Social Skills Curriculum Comparison

"COR-12 Program" by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step program</p> <p>Spiritual</p> <p>Designed to be utilized with the patient, or treating facilities choice of 12-step programs</p>	<p>Person centered curriculum</p> <p>The complete program is a full continuum of care ranging between 6 to 18+ months</p> <p>Facilitated by and Applicable for Clinical Residential & Outpatient group settings</p> <p>Flexible for all ages and genders; but may be designed more for a younger opioid addicted individual</p> <p>Appropriate for Criminal Justice (CJ) involved individuals but not designed for use in CJ setting</p>	<p>A three stage Medication Assisted Treatment (MAT) pathway program utilizing four phases to "lifelong Recovery"</p> <p>Program incorporates MAT (either short or long-term) and Hazelden's Living in Balance Core curriculum</p> <p>The full continuum of care can start in residential detoxification or in outpatient services and include the following four phases that encompass medications, therapy, recovery resources and a 12-step recovery program</p> <p><u>Phase 1</u> is a structured residential 1-3 months</p> <p><u>Phase 2</u> is flexible programming based on clinical need which could be an extremely structured NARR level 4 to a NARR level 1; and is 2-8 months</p> <p><u>Phase 3</u> - Recovery Management with potential taper or medication discontinued- step down to group therapy and optional individual with more emphasis on 12-steps as a primary support; 7-18 months</p> <p><u>Phase 4</u> - Lifelong Recovery, discontinue medication, optional therapy transition to 12-steps as primary recovery foundation and clinical/medical services as needed</p>	<p>MAT/MAR is built into this program. However, others who do not utilize MAT/MAR can be merged into the program once detoxed</p>	<p>The COR-12 program, including the MAT component, have been successfully billed through Medicaid, Medicare, and other MCO's both residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Contact: Hazelden 800-328-900 844-469-0010 Drug and Alcohol Treatment Centers Hazelden Betty Ford</p> <p>On-site training, contact Hazelden for pricing information.</p>

Recovery & Life-Social Skills Curriculum Comparison

"COR-12 MAT" by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
Not Applicable	<p>Person Centered and part of the COR-12 Program (see above)</p> <p>Buprenorphine detoxification leading to one of three, long-term recovery pathways</p> <p>Applicable in Clinical Residential & Outpatient settings</p> <p>Appropriate for all genders but not appropriate for those under the age of 18 without special consideration from a medical professional.</p> <p>Appropriate for all NARR levels of</p>	<p>"Medication pathways" are designed to assist patients in achieving abstinence from opioids for successful long-term, complete medication free recovery.</p> <p>This is done through a multidisciplinary team, step down, staged approach; with medication options determined with the patient to include:</p> <ol style="list-style-type: none"> 1) Induction to Buprenorphine for withdrawal 2) A wholistic decision in one of three pathways <ol style="list-style-type: none"> a) Gradual taper to no medications b) Optimize Buprenorphine dose with monitoring and a goal of no medication within approximately 18 months c) Buprenorphine taper to low dose Naltrexone then converting to extended-release naltrexone injections 3) Appropriate next steps based on decisions made in stage 2 and current wholistic assessment 	While based around a full, clinical continuum of care, MAT protocols can be utilized in conjunction with Hazelden' full Cor-12 program as designed, or used in conjunction with other curriculums and programs	While based around a full, clinical continuum of care, MAT protocols can be utilized in conjunction with Hazelden' full Cor-12 program as designed, or used in conjunction with other curriculums and programs	<p>Contact: Hazelden 800-328-900 844-469-0010 Drug and Alcohol Treatment Centers Hazelden Betty Ford</p> <p>A SAMHSA DATA 2000 waived Physician or state approved medical professional is the only person permitted to assess, dispense, or administer Buprenorphine</p> <p>The decision to utilize MAT, even in the induction stage, should be a multi-disciplinary team approach including the patient, medical practitioner, substance use and possible behavioral health or peer professional, to determine course of action based on patient history</p>

Recovery & Life-Social Skills Curriculum Comparison

"Matrix Model Collection" by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Designed to work with the patients or programs choice of 12-step programs</p>	<p>Clinical Outpatient</p> <p>Clinical for IOP groups</p> <p>16 weeks of sessions</p> <p>Adults and all genders</p>	<p>SAMHSA evidence-based program</p> <p>"An intensive outpatient program designed to give patients the knowledge, structure, and support they need to achieve long-term sobriety"</p> <p>Open group format to address core clinical areas within five components: Individual/conjoint sessions Early recovery skills group Relapse prevention group Family education group Social support group, with optional addition of site-groups.</p> <p>Weekly urine analysis and breath-alcohol testing is essential</p> <p>Goals for clients: 1) Realize positive changes in their behavior and attitudes 2) Learn about recovery skills for substance use disorders and self-help programs 3) Become involved in recovery support groups 4) Practice resocialization skills in a safe and familiar environment</p>	<p>MAT/MAR Compatible</p> <p>These curriculums can be blended with a MAT protocol program or other curriculums and programs as needed</p>	<p>Matrix has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Step-by-step training on effective utilization strategies and implementation can be quoted at 844-469-0010</p> <p>On demand digital subscription including Matrix Model and Model for Criminal Justice Settings, program materials, video, reproducible content, sessions, and free automatic content updates yearly for: 1-10 clinicians \$1,799; 11-25 clinicians \$2,399; 25+ clinicians call to request quote</p> <p>Therapist manual with sections on integrating MAT, videos for family education group, reproducible handouts, worksheets, and more for \$1,470</p>

Recovery & Life-Social Skills Curriculum Comparison

“Matrix Model Criminal Justice Setting” by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Designed to work with the patients or programs choice of 12-step programs</p>	<p>Clinical Outpatient</p> <p>Clinical for IOP groups</p> <p>32 weeks of sessions – Yet flexible and can be shortened or lengthened to meet client need with six sets of sessions</p> <p>Adults and all genders</p>	<p>SAMHSA evidence-based program</p> <p>"An intensive outpatient program designed to give patients the knowledge, structure, and support they need to achieve long-term sobriety"</p> <p>Developed with the Matrix Collection and extra components for treating criminal justice involved individuals.</p> <p>Clinical strategies address: basic needs, criminality, anger, and hostility, identify issues, resistance, boundaries, relapse prevention, peer support, therapeutic alliance creating</p> <p>Topics of sessions:</p> <ol style="list-style-type: none"> 1) Individual/conjoint sessions 2) Early recovery skills group 3) Relapse prevention group 4) Family education group 5) Adjustment group 6) Social support group 	<p>MAT/MAR Compatible</p> <p>This curriculum can be blended with a MAT/MAR protocols and programs, or other curriculums and programs as needed</p>	<p>Matrix has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Step-by-step training on effective utilization strategies and implementation can be quoted at 844-469-0010</p> <p>On demand digital subscription including Matrix Model and Model for Criminal Justice Settings, program materials, video, reproducible content, sessions, and free automatic content updates yearly for:</p> <p>1-10 clinicians \$1,799; 11-25 clinicians \$2,399; 25+ clinicians call to request quote</p> <p>Therapist manual with sections on integrating MAT, videos for family education group, reproducible handouts, worksheets, and more for \$1,470</p>

Recovery & Life-Social Skills Curriculum Comparison

"Matrix Model Teens and Young Adults" by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Designed to work with the patients or programs choice of 12-step programs</p>	<p>Clinical Outpatient</p> <p>Clinical for individual or IOP groups</p> <p>12 weeks of sessions (adjustable up to a year)</p> <p>Teens and Young Adults and all genders</p>	<p>SAMHSA evidence-based program</p> <p>"An intensive outpatient program designed to give patients the knowledge, structure, and support they need to achieve long-term sobriety"</p> <p>Core clinical areas:</p> <ol style="list-style-type: none"> 1) Individual Family Therapy 2) Early Recovery 3) Relapse Prevention 4) 4) Family Education <p>Easily adaptable to meet client need with sessions adjustable from 12 weeks to a year to support continuing care and aftercare</p> <p>Collection includes: Social support, urine analysis and breath-alcohol testing as essential component</p> <p>Includes individual and family session with MAT/MAR</p>	<p>MAT/MAR Compatible, if client is 18 or over - MAT is not approved for minor use</p> <p>These curriculums can be blended with other curriculums and programs as needed</p>	<p>Matrix has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Contact: Hazelden 844-469-0010</p> <p>Drug and Alcohol Treatment Centers Hazelden Betty Ford</p> <p>DVD's Medical Aspects of Substance Use Disorders, Young Adults Discover the 12 Steps, and Youth and Drug Abuse, therapist manual, instruction for urine or breath testing, digital reproducible worksheets and handouts, lecture videos, 12-week Matrix Model Family Program, and more for \$1,470.00</p>

Recovery & Life-Social Skills Curriculum Comparison

"Matrix Model Family Programs" by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step</p> <p>Spiritual</p> <p>Designed to work with the patients or programs choice of 12-step program</p>	<p>Clinical Outpatient</p> <p>Clinical for individual or IOP groups</p> <p>12 sessions</p> <p>Component of Matrix Model program or as a stand alone</p> <p>Adults and all genders</p>	<p>SAMHSA evidence-based program</p> <p>"An intensive outpatient program designed to give patients the knowledge, structure, and support they need to achieve long-term sobriety"</p> <p>Ideal for variety of settings: treatment, juvenile justice and mental health</p> <p>Comprehensive program helps family members take an active role in every stage of recovery to improve outcomes for clients</p> <p>Two different family programs one designed for families with teens and young adults and the other for families with adults only</p>	<p>MAT/MAR Compatible</p> <p>These curriculums can be blended with other curriculums and programs as needed</p>	<p>Matrix has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>Digital subscription including Matrix Model and Family Program, program materials, video, reproducible content, sessions, and free automatic content updates yearly for: 1-10 clinicians \$1,799; 11-25 clinicians \$2,399; 25+ clinicians call to request quote</p> <p>Two different Family Program's each includes a therapist's manual, digital reproducible worksheets and handouts, 3 lecture videos, and Roadmap for Recovery, Triggers and Cravings and Families in Recovery</p> <p>Family Program for Teen and Young Adults \$455.00</p> <p>Family Program for Adults \$485.00</p> <p>Contact: Hazelden 844-469-0010 Hazelden.org/bookstore</p>

Recovery & Life-Social Skills Curriculum Comparison

"A New Direction" – Breaking the cycle of criminal and addictive thinking by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc.	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>12-step Spiritual</p> <p>Designed to work with the participants or programs choice of 12-step programs</p>	<p>Criminal Justice Residential or Outpatient settings</p> <p>Clinical</p> <p>Modular and flexible</p> <p>Adult Men</p> <p>Facilitated by "skilled clinicians"</p> <p>Appropriate for all NARR levels of Recovery Housing</p>	<p>SAMHSA evidence-based program</p> <p>"A Cognitive-Behavioral Therapy Program"</p> <p>Goal of reduced recidivism with criminal justice involved men</p> <p>Implementation can take place from intake through supervised release programming</p> <p>"Strength-based instructional approach uses simple, inclusive language, and comprehension is reinforced in each workbook with quick reviews, reflection exercises and thinking reports"</p> <p>Videos solidify messaging and enhance participant understanding</p> <p>Module topics include:</p> <ol style="list-style-type: none"> 1) Introduction to treatment 2) Criminal an addictive thinking 3) Alcohol and other drug education 4) Relapse prevention 5) Socialization 6) Preparing for Release 	<p>MAT/MAR Compatible</p> <p>Curriculum can be blended with a MAT protocol or other curriculums and programs as needed.</p>	<p>A New Direction has been successfully billed through Medicaid, Medicare, and other MCO's both in residential and outpatient settings as an adjunct to the traditional billable services provided.</p>	<p>In-person, 3-day, 19.5 clock hour, immersive training can be quoted through Hazelden at: 844-469-0010</p> <p>Additional supplies can be priced at: Drug and Alcohol Treatment Centers Hazelden Betty Ford</p> <p>Complete Collection including facilitator guide, DVD, 100 workbook & more for: \$5,696.00</p> <p>Digital subscription includes: Complete Facilitator guide, videos, free automatic content updates, and more for Facilitator Guide pricing per year at: 1-10 clinicians \$1,799. 11-25 clinicians \$2,399; 25+ clinicians call to request quote</p> <p>Individual Workbook pricing per year 500-1,000 \$4.94 ea. 1,001-3,000 \$4.45 ea. 3,001+ \$3.95 ea.</p>

Recovery & Life-Social Skills Curriculum Comparison

“Celebrate Recovery” (CR)					
12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>"A Christ-Centered" 12-Step Program Designed for those seeking a relationship with Christ.</p>	<p>Groups can only be a true CR group if they are sponsored by a Church in the local area - Therefore, only applicable as an outside adjunct in: Traditional Clinical Treatment, Criminal Justice, Residential Sober-Living or Outpatient setting, Recovery Housing, etc.</p> <p>Completion of all 12 steps takes approximately 12 months based on individual progress Male and Female only.</p>	<p>"Celebrate Recovery is for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life."</p> <p>The Celebrate Recovery Trademark Statement DNA of Celebrate Recovery:</p> <p>www.celebraterecovery.com/resources/cr-tools/dna</p> <ul style="list-style-type: none"> ❖ CR's suggested maximum number of participants in a group is 12. ❖ Groups are gender specific (male and female). ❖ Each group is facilitated by 2 Men or 2 Women. ❖ Confidentiality is of the highest priority. ❖ Cross talk is not encouraged during meetings. ❖ Each group will go through the coursework as outlined in the Four Guidebooks. (approx.. 12 months) <p>All forms of chemical or emotional dependency are welcome. (Food, Gambling, Sex, Co-Dependency.) - About 1/3 of the participants have a SUD (Substance Use Disorder).</p>	<p>MAT/MAR Compatible This curriculum can be blended with MAT protocol or other curriculums as individually deemed appropriate and/or needed</p>	<p>Not billable as a stand-alone curriculum. Can be blended in as an additional tool</p>	<p>Celebrate Recovery Program Starter Kit encompasses the "how-too's" and "basics" of starting a CR Ministry.</p> <p>CR Program/Curriculum Starter Kit: \$102.99</p> <p>Celebrate Recovery Updated Leaders Guide: \$14.99</p> <p>The Journey Begins Participants 4 Guide Set</p> <p>Guide 1) Stepping out of Denial</p> <p>Guide 2) Taking an Honest and Spiritual Inventory</p> <p>Guide 3) Getting Right with God</p> <p>Guide 4) Growing in Christ Volumes 1-4 \$17.99ea.</p> <p>Additional Items can be priced at: www.celebraterecovery.com/resources/shop</p> <p>Celebrate Recovery Home Page: www.celebraterecovery.com/index.php</p> <p>Celebrate Recovery Contact/Group Locator: https://locator.crgroups.info/</p>

Recovery & Life-Social Skills Curriculum Comparison

“Celebrate Recovery” (CR)

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
	<p><u>Celebrate Recovery</u>: Appropriate for 18yrs or older. <u>The Landing</u>: Student ministry, Jr. High School and High School ages 13-18.</p> <p><u>Celebration Place</u>: Children's curriculum, ages 5-13.</p>	<p>CR's Eight Recovery Principles based on the Beatitudes.</p> <ol style="list-style-type: none"> 1) Realize 2) Earnestly 3) Consciously 4) Openly 5) Voluntarily 6) Evaluate 7) Reserve 8) Yield <p>www.celebraterecovery.com/resources/cr-tools/8principles</p>			

“SMART Recovery” – Self Management and Recovery Training

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>“A science-based addiction recovery support group.”</p> <p>Secular-but individuals</p>	<p>Can be incorporated as an adjunct tool in Residential sober living, Inpatient, outpatient, Criminal Justice settings</p>	<p>All persons with a SUD and/or addictive behaviors are welcome to participate. Trained facilitators follow SMART recovery 4-point program and principles.</p> <p>#1-Building and Maintaining Motivation #2-Coping with Urges</p>	<p>MAT/MAR Compatible This curriculum can be blended with a MAT protocol or</p>	<p>Yes, if a professional is trained and clinically billable, the SMART recovery tools have been utilized in both</p>	<p>Onsite training cost will depend upon the number of participants, trainer travel cost, etc. This and online training resources can be found: Get SMART FAST Training & Learning Center (smartrecoverytraining.org)</p> <p>SMART Recovery Facilitator’s Manual: \$15.95</p>

Recovery & Life-Social Skills Curriculum Comparison

“SMART Recovery” – Self Management and Recovery Training

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>may choose to utilize both a 12-step program and SMART recovery program together.</p>	<p>The ultimate decision is up to the <u>Convenor</u> where they chose to set-up and hold meetings.</p> <p>The goal of SMART Recovery is not permanent participation. When participants feel they are ready to live a clean/sober lifestyle they “Graduate” and are encouraged to become facilitators and “pay forward” the gains they have achieved.</p>	<p>#3-Managing Thoughts, Feelings, and Behaviors #4-Living a Balanced Life</p> <p>SMART Recovery encourages its participants to choose their own path through recovery and advocates for choice. Participants choose what works for them from a variety of options.</p> <p>The SMART Recovery MAT/OAT (Opioid Agonist Treatment) Behavioral Care Support Program: Assists prescribing providers/medical professionals in starting SMART Recovery meetings; to satisfy their behavioral care requirement for those applying to administer Medication Assisted Treatment using opioid agonists or to increase the number of MAT patients being served.</p>	<p>other curriculums and programs as needed.</p>	<p>inpatient and outpatient settings as an adjunct technique</p>	<p>SMART Recovery Handbook, 3rd Edition: \$11.95</p> <p>Addiction & Co-Occurring Disorders from a SMART Perspective: \$49.95</p> <p>SMART Family & Friends Handbook: \$11.95</p> <p>These resources can be found at: SMART Recovery® Online Shop Contact: Melina Gilbert Smart Recovery smartrecovery.org 440-951-5357</p>

Recovery & Life-Social Skills Curriculum Comparison

“LifeRing” (LR)					
12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>“LifeRing is a Secular Recovery organization of people who share practical experiences and sobriety support. In short, we are sober, secular, and self-directed. The Sober-Self.”</p>	<p>No set time frame a person has to attend LR meetings. “It is an individual decision each week.” Can be incorporated as an adjunct tool in Residential sober living, Inpatient, outpatient, Criminal Justice settings as appropriate.</p>	<p>A worldwide network of individuals seeking to live in recovery from addiction to alcohol or other non-medically indicated drugs. Peer-to-Peer support in ways that encourage personal growth and continued learning through personal empowerment.</p> <p>Their approach is based on developing, refining, and sharing individual personal strategies for continued abstinence and crafting a rewarding life in recovery.</p> <p>Convenors are LifeRing members with at least six months of “clean” time who lead regular LR meetings.</p> <p>The “3-S” Philosophy:</p> <p><u>Sober:</u></p> <p>The basic membership requirement is a desire to remain abstinent from alcohol and “drugs.” Sobriety Priority.</p> <p><u>Secularity:</u></p> <p>Welcomes people of all faiths or none. “Keep whatever religious beliefs you have; participants are under no pressure to acquire any. Participants are free to attend LifeRing and 12-Step meetings, LifeRing supports recovery methods that rely on</p>	<p>Not MAT/MAR compatible: As part of LifeRing’s “3-S” Philosophy they are a Sober (abstinent-based) organization. Participation in other recovery programming is left up to each individual.</p>	<p>Not billable as a stand-alone curriculum. Can be blended in as an additional tool in a therapeutic environment.</p>	<p>There is no cost for trainings. Convenors Handbook-How Was Your Week? \$15.00</p> <p>Recovery by Choice-A Workbook: \$25.00</p> <p>Humanly Possible-Stories of Secular Recovery: \$15.00</p> <p>Empowering Your Sober Self-LifeRing Approach to Addiction Recovery: \$20.00</p> <p>How to start a meeting: Start A Meeting - LifeRing Secular Recovery</p> <p>Life Ring: Contact: Front Page - LifeRing Secular Recovery1-800-811-4142</p>

Recovery & Life-Social Skills Curriculum Comparison

“LifeRing” (LR)					
12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
		<p><u>Self-Help:</u></p> <p>The key to recovery is the individual’s own motivation and effort. The group process reinforces the individual’s own inner strivings to stay clean and sober.</p> <p><u>The “A” and the “S” Conflict:</u></p> <p>People with SUD’s have the “A” (addict self) and the “S” (sober self).</p> <p>If the “S” in one person connects to the “S” in another person, they can reinforce one another’s sobriety. After each meeting, the “S” in each meeting attendee is stronger than before. The “S” to “S” connection is the engine of the LifeRing recovery process.</p>			

Recovery & Life-Social Skills Curriculum Comparison

Correctional Counseling, Inc. (CCI) Moral Reconciliation Therapy – (MRT) Addiction/Substance Abuse

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
16 Step Cognitive-behavioral treatment	<p>Can be incorporated as an adjunct tool in Residential sober living, Inpatient, outpatient, Criminal Justice settings.</p> <p>24-36 group sessions held in accordance with the agency's implementation needs.</p>	<p>MRT fosters moral development in treatment-resistant clients through education, group and individual counseling, and structured exercises.</p> <p>MRT substance abuse program consists of 16 steps. Twelve steps are considered completion. The last four are considered optional.</p> <p>Clients' complete workbook homework prior to coming to each session. In the group, clients present their homework, and the facilitator passes the client to the next step – or has the client re-do the homework based on objective criteria.</p>	<p>MAT/MAR Compatible This curriculum can be blended with a MAT protocols or other curriculums and programs as needed.</p>	<p>Yes, if a professional is trained and clinically billable.</p>	<p>The Official Website of Moral Reconciliation Therapy—MRT® (moral-reconciliation-therapy.com)</p>

LIFE & SOCIAL SKILLS CURRICULUM’S

“My Recovery is EPIC” by Young People in Recovery

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>YPR is a peer recovery supports organization focused on creating recovery-ready communities for people in or seeking recovery. Their mission is to provide the life skills and peer supports to help people to recovery from substance use disorders. All paths to recovery are welcomed.</p>	<p>E.P.I.C. is a 10 Module Life-Skills curriculum.</p> <p>Implement 10, 2-hr modules, once per week over 10-week cycles.</p> <p>Collect data to evaluate program efficacy.</p> <p>Availability: recovery houses, treatment centers, social service organizations, and other groups.</p> <p>Appropriate for all NARR levels of Recovery Housing</p>	<p>E.P.I.C. Engaged; Peer Driven; Integrated; Community. Equips participants with tools to access housing, education, employment, purpose and community. SAMHSA’s four areas identified as critical to a successful life.</p> <p>Core components of the 10-module curriculum:</p> <ul style="list-style-type: none"> ❖ Recovery Messaging ❖ Education ❖ Housing ❖ Employment (1 & 2) ❖ Finance ❖ Leadership & Empowerment ❖ Healthy Relationships ❖ Holistic Health ❖ Neuroscience of Substance Use Disorder <p>Based on YPR’s successful Peer Support Model which allows members of the recovery community to mobilize and directly serve at-risk individuals.</p> <p>EPIC serves as the conduit to educate, empower, and connect individuals to resources needed to be successful.</p>	<p>MAT/MAR compatible. This curriculum can be blended with MAT protocols or other curriculums and programs as individually deemed appropriate and/or needed.</p>	<p>If the curriculum is facilitated by a certified peer support specialist, in some states it is billable through Medicaid, Medicare and some MCO’s as an adjunct to therapeutic services.</p>	<p>Partner with implementation sites and enter an MOU.</p> <p>YPR will then train EPIC implementation team.</p> <p>Licensing on a fee-for-service basis.</p> <p>Young People in Recovery:</p> <p>Programs YPR - Young People In Recovery</p>

Recovery & Life-Social Skills Curriculum Comparison

“Phoenix Program” by YPR – Young People in Recovery

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>YPR is a peer recovery supports organization focused on creating recovery-ready communities for people in or seeking recovery. Their mission is to provide the life skills and peer supports to help people to recovery from substance use disorders. All paths to recovery are welcomed</p>	<p>The Phoenix Program is a criminal justice focused 10 Module Life-Skills curriculum.</p> <p>Implement 10, 2-hr modules, once per week over 10-week cycles.</p> <p>Collect data to evaluate program efficacy.</p> <p>Availability: recovery houses, treatment centers, social service organizations, and other groups.</p> <p>Appropriate for all NARR levels of Recovery Housing</p>	<p>This Life-Skills curriculum is offered to criminal justice organizations, diversionary courts, and law enforcement agencies, to equip justice involved participants with tools to access housing, education, employment, purpose and community. SAMHSA’s four areas identified as critical to a successful life.</p> <p>Core components of the 10-module curriculum:</p> <ul style="list-style-type: none"> ❖ Recovery Messaging ❖ Education ❖ Housing ❖ Employment (1 & 2) ❖ Finance ❖ Leadership & Empowerment ❖ Healthy Relationships ❖ Holistic Health ❖ Neuroscience of Substance Use Disorder <p>Based on YPR’s successful Peer Support Model which allows members of the recovery community to mobilize and directly serve at-risk individuals.</p> <p>EPIC serves as the conduit to educate, empower, and connect individuals to resources needed to be successful.</p>	<p>MAT/MAR compatible.</p> <p>This curriculum can be blended with MAT protocols or other curriculums and programs as individually deemed appropriate and/or needed</p>	<p>If the curriculum is facilitated by a certified peer support specialist, in some states it is billable through Medicaid, Medicare and some MCO’s as an adjunct to therapeutic services.</p>	<p>Partner with implementation sites and enter an MOU.</p> <p>YPR will then train Phoenix implementation team.</p> <p>Licensing on a fee-for-service basis.</p> <p>Young People in Recovery: Programs YPR - Young People In Recovery</p>

Recovery & Life-Social Skills Curriculum Comparison

“Project PHI (Preventative Health Initiative)” by YPR – Young People in Recovery & Colorado Office of Behavioral Health

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>YPR is a peer recovery supports organization focused on creating recovery-ready communities for people in or seeking recovery. Their mission is to provide the life skills and peer supports to help people to recovery from substance use disorders. All paths to recovery are welcomed.</p>	<p>The Botvin Life Skills Transitions Curriculum is approximately 40-45 minutes each session.</p> <p>The schedule for implementation can be determined by YPR and the implementation site.</p> <p>All genders 18-26 years of age</p>	<p>Project PHI is a preventative health initiative, to reduce alcohol and other drug misuse and increase protective factors with life skills training among youth aged 18-26 years old. This program helps young adults navigate the transition into the workforce, higher education, and other life goals they have deemed important. Works to aid participants in achieving competency in critical skills for success but also in reducing and preventing substance use and other high-risk behavior.</p> <p>Core components of the 6-session Botvin LifeSkills Training curriculum:</p> <p>1. Goal Setting for Success: <u>Goal:</u> Navigate transitions, teach strategies involved in goal setting.</p> <p><u>Skills:</u> Effective planning; differentiating short-term and long-term goals; enhancing perseverance.</p> <p>2. Effective Communication: <u>Goal:</u> Understanding relationships and the communications that occur in personal and professional environments; effective verbal and written communication skills.</p>	<p>MAT/MAR compatible.</p> <p>This curriculum can be blended with MAT protocols or other curriculums and programs as individually deemed appropriate and/or needed</p>	<p>If the curriculum is facilitated by a certified peer support specialist, in some states it is billable through Medicaid, Medicare and some MCO's as an adjunct to therapeutic services.</p>	<p>Young People in Recovery: Programs YPR - Young People In Recovery</p>

**“Project PHI (Preventative Health Initiative)”
by YPR – Young People in Recovery & Colorado Office of Behavioral Health**

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
		<p><u>Skills:</u> Preventing and reducing misunderstanding; appropriate communication behaviors; enhancing self-representation.</p> <p>3. Managing Stress: <u>Goal:</u> Awareness of the stress that can occur due to the common transitions of young adulthood; Stress reduction techniques to help cultivate resilience; how substance use undermines resilience. <u>Skills:</u> Coping with stressful situations; behavioral monitoring; relaxation; stress reduction; and developing resilience.</p> <p>4. Decision-making and Risk: <u>Goal:</u> Examine personal and peer group attitudes about risk; elements involved in decision-making. <u>Skills:</u> Analyzing the decision-making process; reducing risky behavior; reinforcing resistance to substances.</p> <p>5. Managing Time and Money: <u>Goal:</u> The relationship between priorities and managing time and money; awareness of potential obstacles to budgeting and scheduling; strategies managing financial resources and time.</p>			

Recovery & Life-Social Skills Curriculum Comparison

“Project PHI (Preventative Health Initiative)” by YPR – Young People in Recovery & Colorado Office of Behavioral Health

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
		<p><u>Skills:</u> Prioritizing and planning; impulse control; self-monitoring; computational skills.</p> <p>6. Building Relationships: <u>Goal:</u> Identify appropriate behaviors associated with different types of relationships; skills and benefits of collaborating, negotiating, and compromising.</p> <p><u>Skills:</u> Differentiating types of relationships; productive conflict resolution; accepting different points of view.</p>			

“Living in Balance Recovery Management” by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
Flexible and customizable with any pathway “Living in Balance – Moving from a life of addiction to a life of recovery”	<p>For clients with a solid foundation in recovery but need additional skills to “thrive”</p> <p>Availability: recovery houses, treatment</p>	<p>“Comprehensive, flexible, and evidence-based”</p> <p>25 Session Topics including:</p> <ul style="list-style-type: none"> ❖ Introduction to Self-Help Groups ❖ The Twelve Steps ❖ Sexual Transmitted Diseases ❖ Focus on AIDS ❖ Nutrition and Exercise 	<p>MAT/MAR compatible.</p> <p>This curriculum can be blended with MAT protocols or</p>	<p>If the curriculum is facilitated by a certified peer support specialist or clinician, in some states it is billable</p>	<p>Manual and CD-ROM of session materials and audio file \$745.00</p> <p>Additional supplies can be priced at: Hazelden Store: Addiction treatment, publishing, education, research, and recovery support</p>

Recovery & Life-Social Skills Curriculum Comparison

“Living in Balance Recovery Management” by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
	<p>centers, social service organizations, and other groups.</p> <p>Appropriate for all NARR levels of Recovery Housing</p> <p>All ages and genders</p> <p>Cognitive, behavioral, and experimental treatment approaches with strong emphasis on relapse prevention</p>	<ul style="list-style-type: none"> ❖ Physical Wellness ❖ Problem Solving ❖ Attitudes and Beliefs ❖ Family Matters ❖ You and Your Parents ❖ Educational and Vocational Goals ❖ Money Management ❖ Insurance and Consumer Credit ❖ Child Development and Parenting Skills ❖ Human Needs and Social Relationships ❖ Sexual Abuse ❖ Compulsive Sexual Behavior ❖ Addiction and Loss - Grief: Responding to Loss ❖ Spirituality and Personality ❖ Advanced Relapse Prevention ❖ Medication Assisted Treatment and Twelve Step Recovery ❖ Chronic Pain and Opioids ❖ Chronic Diseases ❖ Older Adults 	<p>other curriculums and programs as individually deemed appropriate and/or needed</p>	<p>through Medicaid, Medicare and some MCO's as an adjunct to therapeutic services.</p>	

Recovery & Life-Social Skills Curriculum Comparison

“Living in Balance Co-occurring Disorders” by Hazelden

12-Step, Spiritual, Faith-based, Secular, etc	Recovery and Housing Applications & Length	Description & Best Practice Information	MAT/MAR & Other Program Compatibility	Insurance Compatibility	Cost, Trainings, Materials, etc. & Contact Information (Prices subject to change)
<p>Flexible and customizable with any pathway</p> <p>“Living in Balance – Moving from a life of addiction to a life of recovery”</p>	<p>For clients with a solid foundation in recovery but need co-occurring strategies</p> <p>Availability: recovery houses, treatment centers, social service organizations, and other groups.</p> <p>Appropriate for all NARR levels of Recovery Housing</p> <p>All ages and genders</p> <p>Cognitive, behavioral, and experimental treatment approaches with strong emphasis on relapse prevention</p>	<p>“Comprehensive, flexible, and evidence-based”</p> <p>12 Session Topics including:</p> <ul style="list-style-type: none"> ❖ Effects of Drug Use on Mental Health ❖ What Are Co-occurring Disorders? ❖ Comprehensive Treatment and Medications for Substance Use Disorders ❖ Phases of Dual Recovery ❖ Twelve Steps for Co-occurring Disorders ❖ Mutual Self-Help Groups and Co-occurring disorders ❖ Important Issues about Mental Health Medication ❖ Relapse Prevention 1: Building a Recovery Support system ❖ Relapse Prevention 2: Making the Best Decisions ❖ Seeking Help for Co-occurring Disorders 	<p>MAT/MAR compatible.</p> <p>This curriculum can be blended with MAT protocols or other curriculums and programs as individually deemed appropriate and/or needed</p>	<p>If the curriculum is facilitated by a certified peer support specialist or clinician, in some states it is billable through Medicaid, Medicare and some MCO’s as an adjunct to therapeutic services.</p>	<p>Manual and CD-ROM of session materials and audio file \$425.00</p> <p>Additional supplies can be priced at: Hazelden Store: Addiction treatment, publishing, education, research, and recovery support</p>

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