

POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CLIENTS

RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2023

Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. A total of 283 clients from 18 established Recovery Kentucky programs participated in a Recovery Kentucky program, completed a Phase 1 intake interview between July 2020 and June 2021 and a follow-up interview between July 2021 and June 2022. The average number of months after program exit the follow-up interviews were conducted was about 7.6.

Significant reductions in past-6-month Substance Use and Mental Health Problems



REPORTED ANY ILLEGAL DRUG USE***

89% at intake | **15%** at follow-up



REPORTED OPIOID USE***³

55% at intake | **2%** at follow-up



REPORTED HEROIN USE***

38% at intake | **4%** at follow-up



REPORTED METHAMPHETAMINE USE***⁴

64% at intake | **7%** at follow-up



MET STUDY CRITERIA FOR DEPRESSION***

59% at intake | **14%** at follow-up



MET STUDY CRITERIA FOR ANXIETY***

68% at intake | **23%** at follow-up



MET STUDY CRITERIA FOR COMORBID DEPRESSION & ANXIETY***

51% at intake | **11%** at follow-up



REPORTED SUICIDAL IDEATION AND/OR ATTEMPTS***

24% at intake | **3%** at follow-up

Significant improvements in past-6-month Economic Indicators



EMPLOYED AT LEAST ONE MONTH***

44% at intake | **83%** at follow-up



CURRENTLY HOMELESS***

29% at intake | **11%** at follow-up



REPORTED DIFFICULTY MEETING BASIC LIVING NEEDS***

33% at intake | **20%** at follow-up



REPORTED DIFFICULTY MEETING HEALTH CARE NEEDS

21% at intake | **15%** at follow-up



REPORTED ATTENDING MUTUAL HELP RECOVERY MEETING IN THE PAST 30 DAYS***

29% at intake | **81%** at follow-up

Using national estimates of the cost of substance abuse and applying them to clients' substance use before and after program participation, there was an estimated \$2.00 return in avoided costs for every dollar invested in providing recovery services.



ESTIMATED COST-SAVINGS FOR TAXPAYERS

\$2.00

¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

***p < .001.