#### THE FLETCHER GROUP RCOE

# 2022 Impact Report

# **Expanding the capacity and quality of rural recovery**



32

**States** 

Receiving our TA



197

Partners and Clients



2,635

Technical Assistance Encounters



78

**Trainings** 

1,474 Participants\*



139

**Recovery Houses** 

Participating in research



1,361

**New Houses** 

Added to our registry



8

**Rural Houses** 

Built with our TA



**59** 

**Housing Projects** 

Ongoing with our TA



82

**New Beds** 

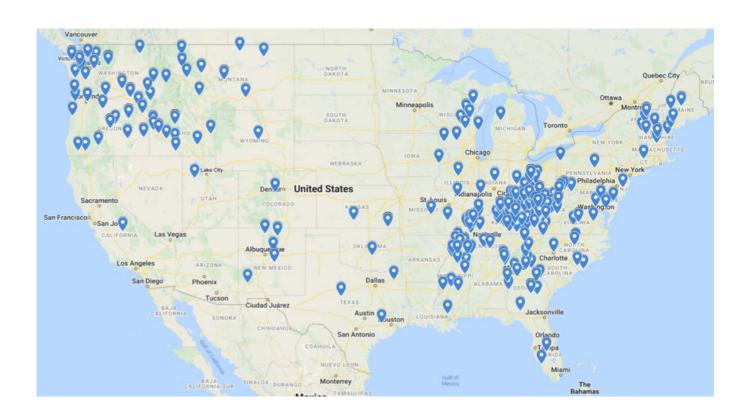
Added with our TA

<sup>\*</sup>These may not all be unique participants.

States

## 6,000+

#### **Technical Assistance Encounters**



#### Over 50 Recovery Housing Best Practices Developed

- Starting a Recovery House
- Social Model/Blended Model
- Recovery House Management
- · Recovery House Staffing
- Expanding Recovery Housing
- Overcoming Stigma/NIMBY
- Building Recovery Ecosystems
- Sustainability/Funding

- Recovery Ecosystem Structure
- Community Organization
- OUD/MOUD
- Strategic Planning
- Recovery House Budgeting
- How To Serve People Who Are Homelessness, Justice-Involved, or Suffering from NAS

#### 100% Satisfaction

All respondents in a 12-state survey agreed that the Technical Assistance provided to them by the Fletcher Group RCOE was excellent.

#### **Spreading the Word**

All respondents also said they were likely to refer others to the Fletcher Group RCOE for training, technical assistance or general recovery housing information.

# Original Research

"Moving a cottage industry to an evidencebased industry."

1

#### New Recovery Ecosystem Mapping Tool

Developed in partnership with East Tennessee State University and NORC at the University of Chicago,, the nation's first interactive data visualization tool gives users a detailed snapshot of the recovery ecosystem resources available in every U.S. county, including overdose mortality rates and socio-demographic factors such as poverty rates, education, and race/ethnicity.

3

### **COVID's Impact on Recovery Housing**

Our study of 1,419 recovery home operators contributed to articles in the Journal of Rural Mental Health, the Journal of Addictive Diseases, and the Journal of Substance Use.

5

#### **Strategies for Reducing Stigma**

This study of 2,721 U.S. adults indicates that hearing or reading personal stories of individual recovery can reduce SUD stigma, thereby potentially increasing public support for recovery housing.

2

### **State-Level Support for Recovery Housing**

In partnership with the National Association of Drug and Alcohol Abuse Directors, this 50-state study shows that 98% of respondents consider recovery housing an integral recovery support service with 73% saying RH is part of their state-level strategic plan.

4

#### **Recovery Housing Best Practices**

Three concurrent studies—one studying the effectiveness of the SMART Recovery Life Skills curriculum in recovery homes, one studying the effectiveness positive reinforcement as practiced by Contingency Management, and one studying employment barriers—have helped establish and refine best practices for both rural and non-rural recovery homes.

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### **Understanding Recovery Home Retention**

This scoping review studied predictors of recovery home retention and resulted in the creation of a new tool highlighted in the American Journal of Drug and Alcohol Abuse that assesses the degree of trust felt between RH residents and operators.



# What our clients and partners say

#### **RESIDENT QUOTES**

"For the first time, I feel like I can succeed in life."

"I'm a better asset to the community, thanks to this program."

"It helped me grow in ways I couldn't have otherwise."

"I got more from this than I can put into words."

"It showed there are people in this world who believe in us."

"Words can't describe how great this has been."





#### **OPERATOR QUOTES**

"Meeting the Fletcher Group was an 'Aha Moment'."

"I don't know where we'd be without them."

"There's no ulterior motive. No matter what you're doing, their only goal is to make it the highest quality possible."

"The Fletcher Group model proves that the peer-support model is not only doable but, in many cases, produces better results."

"I have nothing but good things to say about the Fletcher Group."